



Judith Slimmon

Emotion and Transformation

A combined two-day lecture/workshop

111 Superior St., Victoria BC

Lecture-Friday, March 24, 2023 7:00 - 9:00 PM

Workshop, Saturday, March 25, 2023 10:00 AM-2:30 PM

With the advent of the Enlightenment and the Cartesian assertion, “I think, therefore I am,” a generalized mistrust of emotional life has evolved. This lecture will explore the vital role of emotion in the journey of individuation – focusing on the instinctual survival emotions. The lecture begins with a brief synopsis of the assigned role and importance of emotion throughout history,

Judith will then look at Carl Jung’s research and writing on emotion, including the association experiment, complex theory and archetypal and instinctual energies. The remainder of the lecture will focus on the six survival emotions – fear, anger, disgust, surprise, sorrow and joy, describing each in more detail and their role in consciously becoming oneself.

Saturday Workshop:

This workshop will engage participants in two fairy tale enactments that circumambulate the connection between strong emotion and transformation. There will be time for discussion and integration of the enactment. **Please note that one must attend the lecture in order to participate in the workshop. A maximum of 12 spaces are available for the workshop, so early registration is encouraged.**

Judith Slimmon is a Jungian Analyst who graduated from the C.G. Jung Institute in Zurich in 2001. She worked in private practice in Calgary, Alberta for the next 14 years. Judith has lectured across Canada and in Europe. She has also been part of the training faculty of the C.G. Jung Institute of Colorado. In 2015 Judith moved to beautiful Victoria where she maintains private practice and pursues her avocation as a painter and pianist.

Friday evening lecture: Member: \$20, Non-member: \$30, Student with ID Free.

Combined Friday and Saturday: Member: \$75, Non-member: \$90, Student with ID \$20.

Note: Saturday is a full day of active participation so please dress comfortably and consider bringing a bag lunch.