

Saturday, September 24th, 2022 10:00 am-2:00 pm  
111 Superior St, Victoria



## The Undiscovered Self: Our Modern Dilemma

Presenter: Pohsuan Zaide

Science, technology, and globalism are common prescriptions for modernity and progress. Yet, our spiritual and moral integrity are eclipsed by the shadow of that progress as we collectively face increasing inner as well as collective socio-cultural and political divisions, violent ideological fanaticism, and environmental catastrophes.

Written in 1957, Jung's little book articulated concerns that are even more relevant than ever in today's troubled world. We will explore three key ideas and discuss their relevance and usefulness for navigating the travails of modern life:

1. The dangerous phenomenon of mass-mindedness – what it is, how it can be used to mobilize masses, and how we can avoid being inadvertently recruited into the service of those with malicious aims.

2. Jung's claim of "religion as the counter-balance to mass-mindedness" – not as doctrine and creed, but as a deeply personal intrapsychic response to the experience of the numinous Self, or *imago Dei*.
3. Self-knowledge and what it means to be conscious of the unconscious- the moral problem of managing the shadow.

Optional reading: *The Undiscovered Self. The Dilemma of the Individual in Modern Society* by C. G. Jung

## **Presentation Schedule**

10-10:50 Lecture

10:50-11:00 Break

11:00-12 Lecture

12-1:00 Lunch break

1:00-2:00 Wrap-up & General discussion

Lecture Cost of admittance: Member: \$50, Non-Member: \$60,  
Student: \$10 (with student ID)



## About Pohsuan Zaide

Pohsuan Zaide is a scholar, writer, teacher, and insearcher of the depths of the human psyche. She has a PhD in Jungian Studies and Transformative Social Change, and a Certificate in Peace and Conflict Resolution from Saybrook University. With a background in mental health and addictions, Pohsuan has worked as an individual, family and group psychotherapist. She has lectured to Jungian societies in Vancouver and Victoria, St. Paul's Hospital, and the BC Play Therapy Association, offering topics such as *Jung's Red Book*, *An Integrated Life - Living with the Tension of Opposites*, *Crisis of Selfhood - The Challenge of Staying Whole in a Fractured World*, *Bringing Eros to Recovery Work*, and *Understanding the Transference-Countertransference Dyad*. She has also been teaching courses in the SFU Continuing Education Program since 2014, including recent courses on *The Undiscovered Self* and *The Crisis of Selfhood*.

**Upcoming in October, 2022**, Pohsuan will be presenting *Encounters with the Self: A Jungian Odyssey*, a six-week online course available through SFU Continuing Studies. Further information is available from the SFU website:

( <https://www.sfu.ca/continuing-studies/courses/lib/354-encounters-with-the-self-a-jungian-odyssey.html> )