



"This is the first, wildest and wisest thing I know, that the soul exists,  
and that it is built entirely out of attentiveness" - Mary Oliver

"Mostly, I want to be kind.

And nobody, of course, is kind,

or mean,

for a simple reason.

And nobody gets out of it, having to

swim through the fires to stay in

this world." - Mary Oliver

Mary Oliver is a famed American poet and non-fiction writer. According to the New York Times, she is the country's best selling poet. Her work is primarily predicated on a nature that generates joy and introspection. Through her voice, she describes scenes that glorify the beauty of Mother Earth.