

HISTORY OF JUNG'S ANALYTICAL PSYCHOLOGY IN BRITISH COLUMBIA

Catherine Ellis, IAAP, ISST

The first Jungian Analyst to practice in Canada was **Dr. John Allan** who arrived in Vancouver, B.C. in 1974. Dr. Allan was consulted about his work as an Analyst. He stated the following:

“Based on my analysis and control work in San Francisco and London (1963-1971) I became an Independent member of IAAP in 1974, hence the first Canadian Analyst. I then joined the Inter-Regional Society, (IRS), USA, I think in 1975. I was doing this while my main job was as a Professor in Counselling Psychology at UBC. I had a small private practice for many years but trained Analysts through the IRS and then later through Pacific North West Society of Jungian Analysts (PNSJA). I loved the work but never wanted to leave UBC because I was working in a preventative way in the schools and was using my Jungian Child theories as the main treatment approach...so I had my foot in both worlds that I loved. I can't really remember much from the early years – Claire Buckland, Roger Gale and Chris Jawarski and I set up the Jung Club in 1979, I think.

We moved from Vancouver last June, 2014, and Mary Anne and I now live in Victoria in James Bay. We totally love it. My younger daughter, husband and two of our Grandkids are here. We also have a home on Pender Island so we are there most of the time - coming in for Choir every Tues and to see the kids. I see Joel Kroeker every now and again-a lovely man. I am fully 'retired' from work and an active GrandDad and veggie gardener on Pender! Though I still Dream and read Jungian History books. Right now I am 'working' my way through Maria Helena Guerra's book: "The Love Drama of C.G.Jung: As revealed in his life and in his Red Book"- excellent. Inner City Books published it in 2014.”
(May 1, 2015)

The Jung Club that Dr. Allan referred to is The C.G. Jung Society of Vancouver, which began in 1981. John Allan, Clare Buckland, Julia Brown, Christopher Jawarski, Bea Nergaard, Cynthia and Gordon Renwick, were the founders.

As well as Dr. Allan's work as a Professor at the University of British Columbia, he presented lectures across North America and at the CG Jung Institute in Zurich. His field of expertise was Child Development from a Jungian Perspective. He has published several articles and books relating to this topic.

Dr. Clare Buckland

It was another 10 years before the second Jungian Analyst, Dr. Clare Buckland, began a practice in BC. Dr. Buckland graduated from the Inter-regional Society, (IRS), on April 27, 1985. She was 70 years of age.

Dr. Buckland held a teaching degree, however, her professional life began once she had raised her children. In her autobiography, Always Becoming, Dr. Buckland laments about the role of women in the 1940's and 50's and the difficulty that women encountered should they wish to break free of the assigned role of wife and mother. In the 1950's she was offered, on two separate occasions, the position of Dean of an American Women's College, which she had to decline on her husband's request. Once her children were older she began her journey of academia and personal growth with earnest. By the time she was 50 years old she had achieved her Doctorate of Adult Education. One of the positions that she held for a

number of years she was as the Principal of York House School, a private Girl's School in Vancouver, BC.

As a Jungian Analyst, Dr. Buckland was very active in the Jungian Community. In 1991, she and Ladson Hinton, a fellow American Jungian Analyst, founded the Pacific North West Jung Society and began its Training Program, of which Dr. John Allan was also a Training Analyst. She gave numerous lectures at the CG Jung Society of Vancouver, and held study groups in her home for individuals who were in personal analysis and interested in an in depth study of Jung's work. Three individuals who attended her study group went on to become Jungian Analysts. (Dey Stewart, Shirley Halliday and Catherine Ellis.)

Dr. Buckland became blind in her early 80's but it did not stop her work as a Jungian Analyst. Although she discontinued her clinical practice she published two books: Always Becoming, and, Always Becoming – Forever: a Journal of Conscious Living and Dying. She passed away in 2009 at the age of 95.

Dr. Giovanni Carena

Dr. Giovanni Carena came to Vancouver in 1990 at the encouragement of Dr. Clare Buckland. After completing his training at the CG Jung Institute in Zurich, he was looking for a place to settle. Canada had appeal as his mother had lived in Toronto and he had visited the country often. He also had a sister who lived in the USA. Previous to becoming an Analyst, Dr. Carena served in the Italian

Diplomatic Service and lived in many countries. He was very well traveled. His analytical practice in Vancouver was disrupted with health issues. After recovering from a serious surgery he returned to Europe in 2002, settling near Zurich. This location allowed him to be close to friends and colleagues, as well as, to his daughter and grandchild. He died in June 2012.

Dr. Carena's extensive knowledge of history, and political history in particular, in addition to his rich deep connection with the symbolic was very much a part of what he, as a Jungian Analyst, brought to the work.

Dr. Terrace Wapshall

In 1993, Dr. Terrance Wapshall came to Vancouver, B.C. after graduating from the CG Jung Institute, Zurich. He was formerly a Professor of Psychology at Columbia University in Columbus, Ohio. Dr. Wapshall practiced in Vancouver and later in Victoria until 2001, when he moved to Ontario. He currently practices as a Jungian Analyst in Brockville, Ontario.

From 1993 to the present, 2015, an additional 13 Jungian Analysts have moved to British Columbia. In order of their arrival they are:

Norma Dator, Victoria - retired

Catherine Ellis, Victoria

Lynne Walters, Vancouver –
deceased

Joan McGaregal, Vancouver -
retired

Dey Stewart, Nelson

Shirley Halliday, Vancouver

John Betts, Victoria

Karen Evers, Victoria

Dirk Evers, Victoria

Alan Friend, Nelson

Marlene Brouwer, Victoria

Phyllis Jensen, Vancouver

Judith Dowling, Victoria

International Association for Jungian Psychology

The IAAP is the international governing body of all of the world's Jungian Analysts. All certified Jungian Analysts must hold membership in this Association. Within the Association there are a number of Societies in countries around the world. In 2000, the British Columbia Association of Jungian Analysts became an IAAP Society, Canada's second IAAP Society. It was founded by: Shirley Halliday, Dey Stewart, Catherine Ellis, Giovanni Carena, Norma Dator, Terrance Wapshall, Joan MacGeragle, and Lynne Walter.

The first Directors of the Society were: Shirley Halliday, Catherine Ellis, Dey Stewart, Norma Dator, Lynne Walter, and Joan McGeragle.

In 2008 The BC Association of Jungian Analysts joined with Alberta Jungian Analysts to form the Western Canadian Association of Jungian Analysts, the IAAP Society that we are today.

The Founding Members were: Shirley Halliday, Catherine Ellis, Dey Stewart, Norma Dator, Joan MacGeragle, Judith Slimmons, Mae Stolte, and John Hoedl.

Jung Societies in British Columbia

Jungian Societies are community based, non-professional organizations that may have Jungian Analysts as their members. There are three Jung Societies in BC: The CG Jung Society of Vancouver, The CG Jung Society of Victoria and the Comox Valley Jung Society, on Vancouver Island.

The CG Jung Society of Vancouver, as mentioned earlier, began in

1981. It continues to be a vibrant Society today.

The CG Jung Society of Vancouver was initiated by Jungian Analysts, however, both the Victoria and Comox Valley Societies were founded by lay people who were interested in Jung's work and wanted to find others who were also interested and wished to discuss Jung's ideas. Several years before there was a Jungian Analyst on Vancouver Island there was a Jung Society. A significant number of Islanders had an interest in Jung's work. The CG Jung Society of Victoria began in 1985, almost 10 years before Jungian Analyst, Norma Dator, arrived in 1993. Norma Dator moved to Victoria from Switzerland after she completed her training at the CG Jung Institute, Zurich.

The C.G. Jung Society of Victoria began in 1985 and was incorporated as an official Society on January 29, 1986. The founders of the Victoria Jung Society were: Stan Tomandl, Steve Slavik, Marlene Tyshynski, Jerry McHale, Dave Nordstrom, and Charles Card. Charles Card was consulted about the origins of the Society and its history.

“The Society originated with a small advertisement in Monday Magazine in the summer of 1985 – (30 years ago). It was placed there by Stan Tomandl and Steve Slavik. Our first coming-together-to-organize meeting was held at Steve's home. Things went from there. Over the early years we met at a variety of venues--first at the Unitarian Church at the corner of Superior and Kingston Streets (now a trattoria), the James Bay Community Centre, Windsor Pavilion, and one or two other places over the years into the early 90's. We had quite a mix of members and audience--university students, artists, retired university profs, book sellers--some highly knowledgeable about Jungian psychology, some simply curious. We were a pretty congenial bunch, for the most part, and we enjoyed our

Board meetings during those years. We were all in our 30's, more or less, and as time went on, family concerns, careers, changes of perspectives, saw all of us eventually depart from the Society. “
(May 4, 2015)

A newsletter, “Type and Archetype”, was created at the inception of the Society. 20 issues were published. All but Volume 12 have been archived and available to the public. All of these volumes are on the pdf file: “Jung Society Newsletters”, of this website . The Newsletter is a wonderful portrayal of the culture and time when the Society was active.

The first CG Jung Society dissolved in the early 1990's, however, it was reinstated in 1997 and continues to be a vibrant society today.

The Comox Valley Jung Society began in the Spring of 2010.

It began with the initiative of Anne Lavery. Its founders also included Bruce MacInnis, Sally Turner, Bonnie Davy, Elanore Krullaarts, and Leah Taylor. Anne Lavery writes about the beginnings of the Society:

“I had been an active member of the CG Jung Society of Victoria and then I moved to Comox, B.C. in November 2007. I very much missed going to Jung Society lectures. I was retired and so I considered starting a Society. However, before I could even begin to make this happen there were two main questions which had to be answered: !. How much interest was there in a Jung Society (in the Comox Valley)?
2. How would I find people to assist me?

Synchronicity played a fascinating part in finding the answers. In 2009 I " happened " to read a poster about a woman who owned a yurt and was offering Jungian based workshops out of it. The woman was Sally Turner. I attended one of the yurt events and discovered a lively crowd of people very interested in all things Jungian. Clearly there was an interest in the Valley. This gave me the incentive to seriously look into forming a Society. Sally agreed to help and soon after Bruce MacInnis joined us. We held

three meetings in my home. We invited John Betts, Jungian Analyst, to come and speak on Dreams. This introductory lecture was held in April 2010. In a room designed to hold 40 people, 65 showed up for a very dynamic lecture. At the end of the evening we asked the audience for volunteers to help form a Society. Three ladies wrote their name on the whiteboard and met with me after the lecture. And that is how the founding members / first Board was formed.

Shortly thereafter I completed all the government paper work to form a non-profit society and on June 14th, 2010 we were officially incorporated as the Comox Valley C.G, Jung Society. The rest is history... we are five years old in June, 2015!

“A wonderful comment, which was said to me in our first year as a Society was from a man who had read all the works of Jung. He came up to me after a lecture and said with great gratitude; " I have waited forty years for this." That was the nicest thing!!”

The pioneers of Jung’s Analytical Psychology in BC are both Jungian Analysts and lay people. It illustrates to me the broad spectrum of individuals that Jung’s work touches – it is a lived psychology, as much as a therapeutic intervention.

In Summary, Jung’s Analytical Psychology, celebrates 41 years in British Columbia, having begun with Dr. John Allan in 1974.

For information about the History of Jung’s Analytical Psychology in Ontario, Quebec and Nova Scotia, please visit the Western Canadian Association of Jungian Analysts website at www.wcaja.org/

