



***Gardens and Gardening:
Soul and Soul Work
Lecture with Catherine Ellis***

***Friday, November 1, 2019, 7:00 pm
David Strong Building C122 University of Victoria***

Unfenced, unbound Nature can be a symbol of the Great Unconscious. It has its own laws unto itself and cannot be controlled. Symbolically, the counterpart can be the House, the container of Human Consciousness. Between these two lies the Garden; part culture and part nature; not exclusively a constructed edifice or wilderness, but a space in-between connecting the two elements: Unconscious and Conscious.



Gardens connect heaven and earth, the upper world and the underworld because their vertical dimension is neither closed nor bounded. Gardens are the vessel in which the most diverse and contrasting elements converge and are conjoined. (paraphrased from R. Ammann, [The Enchantment of Gardens](#), 2008)

The Garden and Gardening as symbolic of the Soul and Soul Work will be discussed in this presentation. Images of gardens, individuals' sand pictures and dreams will accompany the exploration of the healing potential of this dynamic metaphor.

Catherine Ellis is a graduate of the CG Jung Institute, Zurich (1999) and a Certified Teaching Member and Supervisor for the Canadian Association for Sandplay Therapy and the International Society for Sandplay Therapy. She has a private psychoanalytic practice in Victoria, B.C., where she works with adults.

Member \$20.00, Non-member \$30.00
Student (with ID) \$10.00
Membership: \$30.00 (July 1-June 30)